



THE HI-TECH-AS-HARLEY-STREET GADGETS

Medi-spas are so last year. Right now, anti-ageing gadgets that you can use while you're watching TV are red-hot – and about to lose their gimmicky reputation thanks to some serious results...

THE LINE-ZAPPING HAND-HELD

This year's most anticipated anti-ageing gizmo launches in Selfridges next month. 'Stop' (1) uses can't-feel-a-thing radio-frequency technology (aka TriPollar) to turn back the clock and help reverse the signs of ageing. Skin appears smoother and more radiant almost straightaway, but twice-weekly 15-minute sessions see radical results within a month. Stop costs £396 (www.stop-age.com).

THE FACE-LIFTING HEADBAND

Safetox (2) might make you look like a *Dr Who* villain, but according to Selfridges customers (where it sold out a week after its launch), the results are well worth it. A daily five-minute fix gives enough time for electrical impulses to relax the wrinkle-causing muscles on your face so you see a crease-free complexion within weeks. Safetox is £200 (www.selfridges.com).

THE ANTI-WRINKLE LIGHTSABER

Light therapies have successfully treated complexion concerns in salons for years (blue bulbs blast away acne-causing bacteria), while red light targets wrinkles by stimulating collagen. But now they've gone DIY. Perricone MD's Cosmeceutical Light Renewal (not pictured) is a first-of-its-kind launch and is set to come out in the UK next year; www.perriconemd.com. ■

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Want to know the secret behind Japanese women's youthful glow? Gankin is a three-minute facial massage which gives fingertips face-lifting powers. Learn how to do it with a half-hour lesson at one of the Suqqu counters (020 7318 3538).

THE NEW WAITING-LIST FACIALS

THE PLUNGING NECKLINE FACIAL

As we all get better at anti-ageing our faces, it's a crêpey neck that can give the game away. The new Boob Tube facial at top day spa Janet Ginnings in London incorporates a mix of massage, exfoliation and micro-current therapy to keep your top-half smooth, hydrated and less 'Bernard Matthews'. From £65 (020 7499 1904).

THE BEAUTY EDITORS' FAVOURITE

Paris is well-known as the go-to destination for serious, skin-transforming facials, and now one of the best brands – Méthode Jeanne Piaubert – will soon be available across the Channel in Urban Retreat spas. The Suprem'Advance Facial combines hands-on massage with electronic pulse therapy for the best of both anti-ageing worlds. See www.urbanretreat.co.uk.

THE RUT-BUSTING FACIAL

Spa brand ESPA is rethinking all its facials to give women the chance to start afresh with their approach to skincare. The new Superactive Facials mix complex massage techniques with the brand's new ultra-restorative products for 90 minutes of skin-changing bliss. See www.espaonline.com for prices and salon information.

